Keep the fun inside!





Virtual Services

Recreation Therapists promote inclusion, encourage community participation and nurture social connectivity for children, youth and adults with disabilities and mental health, across Canada. During the challenging and difficult time of COVID19, we know it is imperative to stay connected through creative and innovative ways, so we are bringing you a very unique interactive experience, that proves innovative and offers experiential outcomes in: 1:1, mini or small group virtual settings.



info@recrespite.com

RECREATIONAL RESPITE

Join us on social media!

recrespite.com